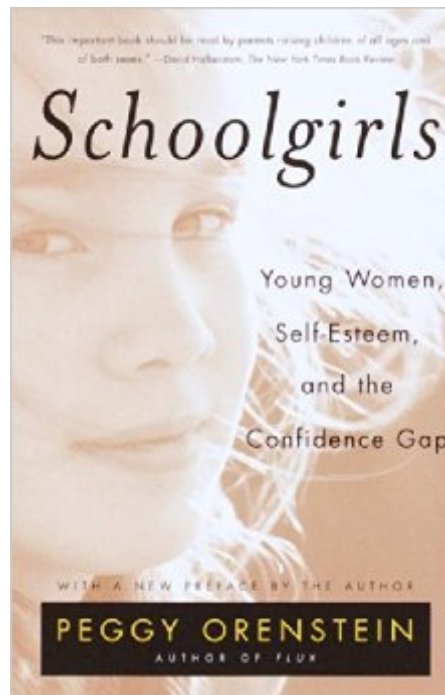


The book was found

Schoolgirls: Young Women, Self Esteem, And The Confidence Gap



Synopsis

A NEW YORK TIMES NOTABLE BOOK OF THE YEARThe classic account of the hurdles facing adolescent girls in America--now reissued with a new Foreword, to coincide with the award-winning author's new book on women and identity. Inspired by a study by the American Association of University Women that showed girls' self-esteem plummeting as they reach adolescence, Peggy Orenstein spent months observing, interviewing, and getting know dozens of girls both inside and outside the classroom at two very different schools in northern California. The result was a groundbreaking book in which she brought the disturbing statistics to life with skill and flair of an experienced journalist. Orenstein plumbs the minds of both boys and girls who have learned to equate masculinity with opportunity and assertiveness, and femininity with reserve and restraint. She demonstrates the cost of this insidious lesson, by taking us into the lives of real young women who are struggling with eating disorders, sexual harassment, and declining academic achievement, especially in math and science. Peggy Orenstein's *SchoolGirls* is a classic that belongs on the shelf with the work of Carol Gilligan, Joan Jacobs Brumberg, and Mary Pipher. It continues to be read by all who care about how our schools and our society teach girls to shortchange themselves.

Book Information

Paperback: 368 pages

Publisher: Anchor; Anchor Books ed edition (September 1, 1995)

Language: English

ISBN-10: 0385425767

ISBN-13: 978-0385425766

Product Dimensions: 5.2 x 0.8 x 8.1 inches

Shipping Weight: 10.4 ounces (View shipping rates and policies)

Average Customer Review: 3.9 out of 5 stars [See all reviews](#) (49 customer reviews)

Best Sellers Rank: #39,105 in Books (See Top 100 in Books) #39 in [Books > Health, Fitness & Dieting > Psychology & Counseling > Adolescent Psychology](#) #62 in [Books > Parenting & Relationships > Parenting > Parenting Girls](#) #132 in [Books > Parenting & Relationships > Parenting > Teenagers](#)

Customer Reviews

To read Peggy Orenstein's *SchoolGirls* is to take a journey into a world 1) that any man with a conscience is ashamed to remember (because of the way boys treated girls) and 2) that for high school girls and women to remember, is to recall the pain of being punished, physically abused,

humiliated and emotionally beaten down for simply being born female. But before going into the book in depth, one important point must be made: While Orenstein's portrayal of girls and boys is accurate, it should not be taken as a message that all middle school girls are good but get shortchanged, or that all boys engage in destructive behavior when it comes to girls. There are wonderful adolescent boys and nightmarish middle school girls. And some girls do have a very positive experience. Unfortunately, Orenstein's portrayal is the norm and it is accurate. What Orenstein did was to go into two vastly different schools, one in a solidly white middle class community and the other located in an urban black and Hispanic neighborhood. Both schools were located in Northern California. She observed and interviewed the girls (as she gained their trust) for an academic school year to see what they were experiencing with regard to their academic, home and social lives. Although the cultural environments were vastly different, the dynamics of both groups' experiences turned out to be strikingly similar in many respects. I remember all too well what went on in junior high school in the 60s.

It's heartbreaking to read this book and realise that things haven't much changed in the decade since it's been published, and how too many young women in America act, think, and believe, not because it's their integral nature but rather because they've been pushed to it by messages from the media, Hollywood, teachers, parents, male classmates. The girls Ms. Orenstein interviewed are all around my age (I was also in seventh grade during the 1992-93 schoolyear), so it was easy to relate to them and what they were going through, what things were like when they were in junior high and sixth grade. The girls at Weston, the largely white school, had problems with teachers calling on boys who hogged and demanded attention, to the exclusion of girls in the class, body image, sexual harassment, teachers who had a double standard when it came to boys and girls (boys who call out answers before being called on or who loudly whine to be called on are rewarded with attention, while girls are ridiculed if they have a wrong answer or not called on at all; there was also the teacher who called a boy disruptive, with a friendly laugh, while making the same remark to a female student in a very cold negative disparaging voice), parents who reinforce this double standard, the sexual double standard, and messages that you have to fit in and be perfect. These girls even pretended to be afraid of spiders so that boys would think they were feminine and desirable as girlfriends, not pariahs who wouldn't run screaming from a spider but instead act like a boy and ask to hold it because it looks so neat. It's sad to read that in this day and age many young women think that a woman isn't allowed to be assertive, pushy, or aggressive, or that a girl can't be a lawyer because she's too "cute."

[Download to continue reading...](#)

Schoolgirls: Young Women, Self Esteem, and the Confidence Gap The 21-Day Self-Confidence Challenge: An Easy and Step-by-Step Approach to Overcome Self-Doubt & Low Self-Esteem How Anansi Learned Self-Esteem: 10 Original Stories for Building Self-Confidence and Self-Respect Children's Book: "Just The Way I Am": How to Build Self Confidence & Self-Esteem in children's books for ages 2 4 8 (Bedtime Stories Early Readers Picture Books in Kids Collection Book 3) The Tortoise and the Hairpiece: A kids book about how to make a friend and build self esteem and confidence Confidence & Self-Esteem for Teens Maximum Confidence: Ten Secrets of Extreme Self-Esteem The Confidence Gap: A Guide to Overcoming Fear and Self-Doubt Indigo Ocean Dreams: 4 Children's Stories Designed to Decrease Stress, Anger and Anxiety while Increasing Self-Esteem and Self-Awareness Indigo Dreams (3 CD Set): Children's Bedtime Stories Designed to Decrease Stress, Anger and Anxiety while Increasing Self-Esteem and Self-Awareness 104 Activities That Build: Self-Esteem, Teamwork, Communication, Anger Management, Self-Discovery, Coping Skills SELF ESTEEM: How To Live In The Present Moment, 2.0 - Let Go Of The Past & Stop Worrying About The Future (Self Help, Mindfulness & Emotional Intelligence) Teen Esteem: A Self-Direction Manual for Young Adults (Little Imp Books) Why Women Love Jerks: Realizing the Best Version of Yourself to Effortlessly Attract Women (Dating Advice for Men to Attract Women and Increase Confidence) Master Self-Discipline: Simple and Effective Steps to Develop Self Discipline, Get Organized, and Make Things Happen! (Willpower, Stress Management, Self ... (Self Improvement And Motivational Book 1) The ADHD Workbook for Kids: Helping Children Gain Self-Confidence, Social Skills, and Self-Control (Instant Help) The Confidence Code: The Science and Art of Self-Assurance - What Women Should Know Keep Talking German Audio Course - Ten Days to Confidence: Advanced beginner's guide to speaking and understanding with confidence (Teach Yourself: Keep Talking) Calculate with Confidence, 6e (Morris, Calculate with Confidence) Calculate with Confidence, 5e (Morris, Calculate with Confidence)

[Dmca](#)